



# Transfiguration Parish

[www.transfigurationwauconda.com](http://www.transfigurationwauconda.com)

**“Lord, It is wonderful  
for us to be here...”**

—Matthew 17:4

*Stick together. Love each other, and together: look to Jesus in prayer.*

We are people  
*called* to build a  
Catholic Faith  
Community by  
*seeking* Christ  
and *sharing* His  
Gospel through  
Prayer,  
Education,  
Service and  
Social Activities.



**WHERE I AM GOING YOU KNOW THE WAY.**

## MAILING ADDRESS

316 West Mill Street  
Wauconda, Illinois 60084-1890

## TRANSFIGURATION PARISH

Website: [www.transfigurationwauconda.com](http://www.transfigurationwauconda.com)

—Phone: (847) 526—2400 —Fax: (847) 526—2961

E-mail: [parish@transfigurationwauconda.com](mailto:parish@transfigurationwauconda.com)

—Kathleen Blaszkak, Secretary Ext. 245

—Isaura Morales, Receptionist Ext. 221

### OFFICE HOURS:

Monday and Thursday: 9:00am—8:00 pm

Tuesday, Wednesday and Friday: 9:00am—5:00pm

### CLERGY

Rev. Juan Pablo Avila Ibarra, Pastor

—E-mail: [rev.japi78@gmail.com](mailto:rev.japi78@gmail.com)

Mr. Rev. Feliks Pezowicz

Mr. Rev. Jose Mancilla

### LITURGY DEPARTMENT

Chris O'Brien, Director of Liturgy & Music Ministry

—Ext. 225

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—E-mail: [kmichaels58@gmail.com](mailto:kmichaels58@gmail.com)

Francisco Lazaro, Spanish Choir Director

—Phone (224) 678—1582

Adam Wozniak, Polish Organist

### STEWARDSHIP DEPARTMENT

Camie Kwasigroch, Business Manager —Ext. 234

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### PARISH BULLETIN

Theresa Hart, Bulletin Editor—Ext. 223

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### FRASSATI CATHOLIC ACADEMY

Elementary & Middle School

Website: [frassaticatholicacademy.org](http://frassaticatholicacademy.org)

Phone: (847) 526—6311 —Fax: (847) 526—4637

—Tammy Kleckner, Principal Ext. 500

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## MASS TIMES

### HORARIO DE MISAS

GODZINY MSZY ŚW.

#### SUNDAY LITURGIES

Saturday: —5:00pm (*English*)

—6:30pm (*Español*)

Sunday: —7:30am (*English*)

—9:00am (*English*)

—11:00am (*English*)

—12:30pm (*Po Polsku*)

#### WEEKDAY LITURGIES

8:00am (*English*) Tue, Th, Fri

\* Wednesday at 9:00am (school months only)

#### HOLY DAY OF OBLIGATION

Mass of Anticipation:

—7:00pm (*Español*)

Holy Day:

—8:00am (*English*)

—10:00am (*English*)

(school months only)

—7:00pm (*English*)

Memorial Day & Thanksgiving

—9:00am (*English*)

#### School Masses (school months only)

Wednesday at 9:00am (Elementary School) — Friday at 2:00pm (Middle School)

## READINGS & MASS INTENTIONS OF THE WEEK

### INTENCIONES Y LECTURAS DE LA SEMANA

MSZE ŚW. W TYGODNIU

#### Monday, June 3—St. Charles Lwanga & Companions, Martyrs

✠ Acts 19:1-8 / Jn 16:29-33

#### Tuesday, June 4—Easter Weekday

✠ Acts 20:17-27 / Jn 17:1-11A

8:00 am Evan Beck / †Louis Speciale

#### Wednesday, June 5—St. Boniface, Bishop and Martyr

✠ Acts 20:28-38 / Jn 17:11B-19

9:00 am Frassati students, faculty & their families / †Louis Speciale

#### Thursday, June 6—Easter Weekday

✠ Acts 22:30; 23:6-11 / Jn 17:20-26

8:00 am †Thomas Padavic / †Louis Speciale

#### Friday, June 7—Easter Weekday

✠ Acts 25:13B-21 / Jn 21:15-19

8:00 am Graduating Class of 2019 / †Louis Speciale

7:00 pm Priests

#### Saturday, June 8—Easter Weekday

✠ Acts 28:16-20,30-31 / Jn 21:20-25

#### Pentecost Sunday

✠ Acts 2:1-11 / 1Cor 12:3B-7,12-13 / Jn 20:19-23

5:00 pm †Harry Feranski

6:30 pm Those in Financial Crisis

7:30 am Matt Wright / †Theresa Solimini

9:00 am Lillian & Sandy Morris / †Louis Speciale

11:00 am †Anna Remy

12:30 pm The People of Our Parish

## Prayer List for the sick

*OREMOS POR LOS ENFERMOS*

*MODLITWA ZA CHORYCH*

▪ Rev. Pawel Adamus ▪ Michael Badagliacco ▪ Vanessa Bahena ▪ Bill Barber ▪ Bill & Lauryl Barnett ▪ Dennis Bechtel ▪ Evan Beck ▪ Mitchell Bienkowski ▪ Helen Blair ▪ Charles Buntenbach ▪ Judy Button ▪ Carol Calcitrai ▪ Cathy Campbell ▪ Peggy & Tony Chrusciel ▪ Constance Cotsiomititis ▪ Lillian D'Angelo ▪ Patsy Daniels ▪ Valerie Davis ▪ Katy DeGross ▪ Mary C. Dennehy ▪ Tim Dorsey ▪ Mr. & Mrs. Richard Ettinger ▪ Megan Esposito ▪ Phyllis Finnegan ▪ Bill & Vera Foley ▪ Helen Fritz ▪ Galicia Family ▪ Joanne Galus ▪ Baby Terrance Galvin ▪ Rose Gilligan ▪ Janie & Woody Glaser ▪ Maria Grimm ▪ Kimberly Gross ▪ Jeff Haiduke ▪ Phyllis Heck ▪ Christian Henke ▪ Becky Hicks ▪ Crystal Hoff ▪ Desiree Hoff ▪ Dorothy Hoff ▪ Edevijes Ambriz Huerta ▪ Kim Ingwersen ▪ Helen Jakubek ▪ John James Kapcia ▪ Kevin Kleine ▪ Linda Korona ▪ Rita Krejci ▪ Michael Krolczyk ▪ Molly Kurz ▪ Linda Larsen ▪ Donna Lesczynski ▪ Rose Liberio ▪ Susan Liberio ▪ Gary Littlefield ▪ Maria Concepcion Lopez ▪ Mary Lundsten ▪ Don Martel ▪ Brian McGinty ▪ Ed McGinty ▪ Michelle Meindle ▪ Sra. Maria Refugio Morales ▪ Enrique Moreno ▪ Haydee Morin ▪ Kendra, Pat & Bill Mott ▪ Jose L. Munoz ▪ Lynn Napoli ▪ Mary Jane Niles ▪ Lynn Norum ▪ Bill Opsal ▪ Anita Pacheco ▪ Pablo Paniagua ▪ Georgia Pastirik ▪ Dc. Feliks Pezowicz ▪ Katie Piper ▪ Rae Poklenkowski ▪ Cathy Polnau ▪ Sharon Powderly ▪ Theresa Quail ▪ Dorothy Race ▪ Audrey Raclaw ▪ Judy Reilly ▪ Dorothy Rennick ▪ LaVerne Richards ▪ Sue & Ron Rosaves ▪ Mary Ann Rubino ▪ Joy Runner ▪ Gary Scherer ▪ Ken Scherer ▪ Bill Scholla ▪ Ellen Sherwin ▪ Lou Speciale ▪ Donald Staats ▪ Ed & Jan Stepek ▪ Mike Stout ▪ Janet Sturgulewski ▪ Alex Taylor ▪ Thomas Taylor ▪ Diane Thelen ▪ Carol Thomas ▪ Ita Torres ▪ Peter Tortorice ▪ Bob Wagner ▪ Daisy Walters ▪ Wayne Weller ▪ John Wilson ▪ Carol Winston & Family ▪ Martha Winston ▪ Dee Wolf ▪ Eileen Wood ▪ Tom Yacullo ▪ Barbara Zimmerman ▪ Dee Zimmermann & Family ▪ Rick Zimmermann ▪ All in Service to our Country and for all who are in detention centers.

## Pray for the Newly Baptized

*RECIEN BAUTIZADOS*

*NOWO OCHRZCZENI*

**Let's welcome the newly baptized to our parish!**

MAY 26, 2019

**KAMIL KAPUSTKA**

Son of Wojciech & Matgorzata

**You are now God's children...**

1John 3:1



## Pray for the Faithful Departed

*OREMOS POR LOS DIFUNTOS*

*MÓDLMY SIĘ ZA TYCH CO ODESZLI*

**"Come, you who are blessed by my father, says the Lord, inherit the kingdom prepared for you from the foundation of the world."**

**Margaret Dehne, Nereida Colon**

**Eternal Rest Grant Unto Them, O Lord.**

And Let Perpetual Light Shine Upon Them.

**May their souls and the souls of the faithful departed, rest in peace.**

AMEN



## THE ASCENSION OF THE LORD LITURGY OF THE WORD

### READING I — ACTS 1:1-11

In the first book, Theophilus, I dealt with all that Jesus did and taught until the day he was taken up, after giving instructions through the Holy Spirit to the apostles whom he had chosen. He presented himself alive to them by many proofs after he had suffered, appearing to them during forty days and speaking about the kingdom of God. While meeting with them, he enjoined them not to depart from Jerusalem, but to wait for "the promise of the Father about which you have heard me speak; for John baptized with water, but in a few days you will be baptized with the Holy Spirit." When they had gathered together they asked him, "Lord, are you at this time going to restore the kingdom to Israel?" He answered them, "It is not for you to know the times or Seasons that the Father has established by his own authority. But you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth." When he had said this, as they were looking on, he was lifted up, and a cloud took him from their sight. While they were looking intently at the sky as he was going, suddenly two men dressed in white garments stood beside them. They said, "Men of Galilee, why are you standing there looking at the sky? This Jesus who has been taken up from you into heaven will return in the same way as you have seen him going into heaven."

### PSALM 47: God Mounts His Throne #36

### READING II — EPH 1:17-23

Brothers and sisters:

May the God of our Lord Jesus Christ, the Father of glory, give you a Spirit of wisdom and revelation resulting in knowledge of him. May the eyes of your hearts be enlightened, that you may know what is the hope that belongs to his call, what are the riches of glory in his inheritance among the holy ones, and what is the surpassing greatness of his power for us who believe,

in accord with the exercise of his great might: which he worked in Christ, raising him from the dead and seating him at his right hand in the heavens, far above every principality, authority, power, and dominion, and every name that is named not only in this age but also in the one to come. And he put all things beneath his feet and gave him as head over all things to the church, which is his body, the fullness of the one who fills all things in every way.

### GOSPEL — LK 24:46-53

Jesus said to his disciples: "Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nations, beginning from Jerusalem. You are witnesses of these things. And behold I am sending the promise of my Father upon you; but stay in the city until you are clothed with power from on high." Then he led them out as far as Bethany, raised his hands, and blessed them. As he blessed them he parted from them and was taken up to heaven. They did him homage and then returned to Jerusalem with great joy, and they were continually in the temple praising God.

## SUNDAY MASS INTENTIONS

### General Intention

### For the Clergy and People of Transfiguration

- 5:00 pm** — Victor Family  
**6:30 pm** — Priests  
**7:30 am** — Wanda Froehlke  
Peter Tortorice  
**9:00 am** — †Meagan McDonough  
Evan Beck  
†Robert Beck  
†Louis Speciale  
**11:00 am** — †Mario Bertolani  
**12:30 pm** — The Unborn, Fragile & Elderly

**MASS INTENTIONS:** Daily Mass Intentions are available for parishioners who would like their intentions to be remembered at Mass. Intentions are available for those who have died or for someone who is living. Stop by the Parish Office or call us to obtain a date and time.

All announcements must be submitted to the bulletin for publication 10 days prior to the bulletin date.

Email to: [bulletin@transfigurationwauconda.com](mailto:bulletin@transfigurationwauconda.com)

Please submit requests to speak at Mass one month in advance. All requests will be approved by the Pastor.



**Stick together. Love each other, and together: Look to Jesus in Prayer.**

## **JESUS HAS PREPARED THE WAY FOR US, AND SENT THE HOLY SPIRIT TO GUIDE US.**

Today, the Apostles are less afraid than they were when Jesus came to them on that first Easter but losing him today for a second time could not have been easy. In our first reading, they are left staring up at heaven. In the Gospel, they leave rejoicing filled with great joy. So, which is it? Are they bewildered or joy filled.? Actually, they are both.

The Apostles have journeyed with Jesus for three years. They have witnessed the miracles and the parables. They have also witnessed the resentments and the ridicule. They have just witnessed his torturous death and his glorious Resurrection. It has truly been a rollercoaster ride of giant proportions.

Such is the life of discipleship we live even today as we gather to celebrate the moment between Easter and Pentecost. We are a people living in a kingdom established here on earth, but not yet part of its fullness found in the next life. It is an in-between moment for the Church, and in our own lives. How we choose to face such moments tells us how resilient our faith is, or whether there is work to be done to strengthen our reliance on Jesus and on his promises.

It is always going to be easier to have faith when things are going well. It is in those in-between moments that we learn a great deal about ourselves.

It is okay to stop and stare at what is unclear or confusing – as long as we find joy in the journey, as the disciples in both readings eventually did [even though we don't hear about it in the first reading]. It is here we discover the need to go deeper in our trust in Jesus' promise not to ever leave us orphaned.

It is in these in-between moments we also realize we are never alone in facing any challenge that is before us. For though Jesus' human form ascended into heaven, he is here present in word and sacrament. The Holy Spirit dwells within and among us. By God's grace, may we have all that Saint Paul prayed for, for those who lived in Ephesus: *May the God of our Lord Jesus Christ, the Father of glory, give you a Spirit of wisdom and revelation resulting in knowledge of him. May the eyes of your hearts be enlightened, that you may know what is the hope that belongs to his call, what are the riches of glory in his inheritance among the holy ones, and what is the surpassing greatness of his power for us who believe.*

## **THE HEART OF THE MATTER: TIME FOR REFLECTION AND SPIRITUAL GROWTH**

1. How is my situation today like the disciples' after Jesus ascended?
2. How frequently do I turn to the Spirit for guidance and power?
3. When was the last time I asked the Holy Spirit for special guidance in some situation?
4. How well does my life reflect the fact that my ultimate destiny is not to remain on Earth but to go to Heaven?

**EVERYONE WANTS TO GO TO HEAVEN, BUT NOBODY WANTS TO DIE.**

# 6

# Parish Calendar

## This Week at Transfiguration

CALENDARIO SEMANAL

KALENDARZ TYGODNIOWY

### Sunday, June 2

8:00 am AA Meeting (closed)—YH

### Monday, June 3

6:30 am Journeyman Prayer Group—MR1  
6:00 pm LOTW Faith Sharing—Spa. Min. Ofc  
7:00 pm Spanish Prayer Group—CH

### Tuesday, June 4

8:30 am Confessions—CH  
10:00 am Staff Meeting—Office closed 45 min.  
6:00 pm Cub Scouts Pack 90—Café  
6:30 pm St. Vincent DePaul—MR1  
7:00 pm Polish Bible Study—OWC  
7:00 pm Evangelization Commission Mtg—MR3  
7:30 pm FCA Athletic Board—Pollone Library

### Wednesday, June 5

10:30 am PS & Kindergarten Graduation—PLC  
6:30 pm Quinceañera Classes—Spa. Min. Ofc  
6:30 pm Youth Ministry—YH  
6:30 pm Spanish Ministry—MR3  
6:30 pm Confessions (E/S)—CH  
7:00 pm Holy Hour—CH

### Thursday, June 6

8:30 am Confessions—CH  
6:00 pm Weight Watchers—MR1&2  
6:00 pm Rosary Making—Spa. Min. Ofc  
7:00 pm All Choir Rehearsal—CH  
7:00 pm KoC Business Meeting—OWC

### First Friday, June 7

8:30 am Adoration of Blessed Sacrament—CH  
6:00 pm Mandolin & Guitar Rehearsal—Spa. Min. Ofc  
6:00 pm Rosary—CH  
6:30 pm Divine Mercy Chaplet—CH  
7:00 pm First Friday Mass—CH  
7:00 pm Escuela de la Cruz (men)—YH  
7:00 pm Coro Hispano—Spa. Min. Ofc  
7:00 pm Spanish Youth Group—Café

### Saturday, June 8

9:00 am LOTW Small Group Faith Sharing—YH  
10:30 am Food Distribution Truck—Mill St. Lot  
12:00 pm Quinceañera Blessing

## Parish Announcements

ANNUNCIOS PARROQUIALES

OGŁOSZENIA PARAFIALNE

### REQUEST FOR FACILITIES

Attention all ministries, bible study or prayer groups, organizations and commissions that use our facilities during the year— If you have not already done so, please submit your request for facilities usage for July 1, 2019-June 30, 2020 by **June 15<sup>th</sup>, 2019**. This includes renewals for regularly scheduled meetings. For best results, please email your requested dates to:

[calendar@transfigurationwauconda.com](mailto:calendar@transfigurationwauconda.com) or call the parish office. You will be notified of possible conflicts after the liturgical, school and religious education dates are secured. Thank you, in advance, for your prompt attention.

### SUMMER DAILY MASS SCHEDULE

From June 11<sup>th</sup> to August 22<sup>nd</sup> morning mass will be celebrated at 8:00am Tuesday through Friday for the summer months.

Parking restrictions on Mill Street will be lifted for the summer.

### FIRST FRIDAY DEVOTIONS

This Friday, June 7<sup>th</sup>, is the first Friday of the month and Eucharistic Adoration. **Please see page 13 of the bulletin for the schedule.**

### SECOND COLLECTION: FUND FOR RETIRED PRIESTS

Next weekend is the annual collection benefitting healthcare, wellness and retirement for the priests of the Archdiocese of Chicago. Your generosity impacts 500 active and 225 retired archdiocesan priests. Please give today at [prmaa.org](http://prmaa.org). Thank you for your generosity!

### VACATION BIBLE SCHOOL

The School of Religion will be accepting VBS registrations until Monday, June 10<sup>th</sup>. **For more information please see page 11 of the bulletin** or call the School of Religion office at 847-526-6400.

# Operations

# 7

## WEEKLY OFFERING

*OFRENDA SEMANAL*  
*OFIARA TYGODNIOWA*

**SUNDAY, MAY 12, 2019**

YEAR-TO-DATE BUDGET	THIS YEAR
Presupuesto Anual: Budżet na Ten Rok:	\$ 5,344.70
<b>SUNDAY COLLECTION:</b>	
Ofrenda Dominical: Niedzielną Ofiara:	\$ 10,192.75
<b>GIVECENTRAL (46 Contributors)</b>	
Ofrenda Dominical Electronica: GiveCentral Ofiara:	\$ 2,477.00
<b>THIS WEEK LAST YEAR:</b>	
Ofrenda Dominical hace un Año: Ten Sam Tydzień Zeszły Rok:	\$ 10,706.03
<b>NO. OF ENVELOPES THIS YEAR</b>	
Sobres usados este Año: Liczba Kopert Ten Rok:	237
<b>NO. OF ENVELOPES LAST YEAR</b>	
Sobres usados hace un Año: Liczba Kopert Zeszły Rok:	221

## WEEKLY OFFERING

*OFRENDA SEMANAL*  
*OFIARA TYGODNIOWA*

**SUNDAY, MAY 19, 2019**

YEAR-TO-DATE BUDGET	THIS YEAR
Presupuesto Anual: Budżet na Ten Rok:	\$2,618.03
<b>SUNDAY COLLECTION:</b>	
Ofrenda Dominical: Niedzielną Ofiara:	\$ 7,398.33
<b>GIVECENTRAL (39 Contributors)</b>	
Ofrenda Dominical Electronica: GiveCentral Ofiara:	\$ 1,375.00
<b>THIS WEEK LAST YEAR:</b>	
Ofrenda Dominical hace un Año: Ten Sam Tydzień Zeszły Rok:	\$ 9,842.94
<b>NO. OF ENVELOPES THIS YEAR</b>	
Sobres usados este Año: Liczba Kopert Ten Rok:	239
<b>NO. OF ENVELOPES LAST YEAR</b>	
Sobres usados hace un Año: Liczba Kopert Zeszły Rok:	218

Make this Father's Day extra special

Find the perfect gift at  
[smile.amazon.com](http://smile.amazon.com) and  
Amazon donates.

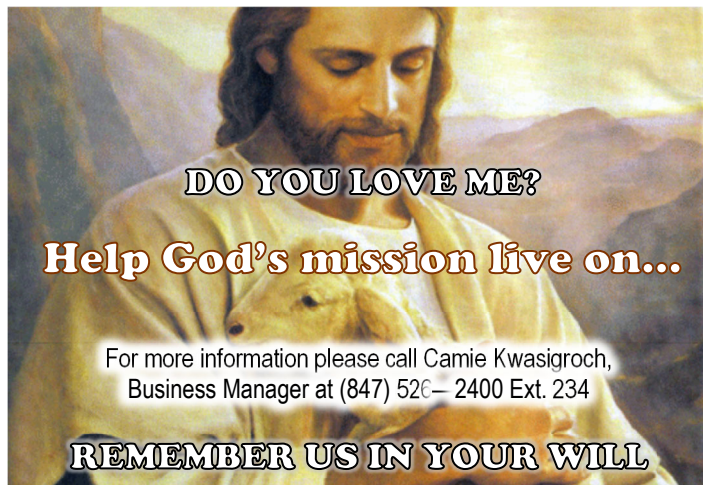
You shop. Amazon donates.  
[amazon.com](http://amazon.com)  
amazon smile



**DO YOU LOVE ME?**  
**Help God's mission live on...**

For more information please call Camie Kwasigroch,  
Business Manager at (847) 526-2400 Ext. 234

**REMEMBER US IN YOUR WILL**





# Mass on the Grass

+ SPIRIT Strong since 1841 +

## August 4, 2019



## MINISTROS LECTORES Formación y Entrenamiento

**Facilitador:** Padre Juan Pablo Ávila Ibarra

**Cuando:** Sábado, 15 de junio del 2019

**Hora:** 8:30am — Inscripciones  
9:00am a 12 del día — Clase

**Parroquia Santa Anastasia**  
624 Douglas Ave  
Waukegan, IL 60085

### INSCRIPCIONES CON:

- Cathie Brolley al Teléfono (847) 623—2875
- Ext. 240
- Isaura Morales al Teléfono (847) 526—2400
- Ext. 221
- [www.vic1chicago.org](http://www.vic1chicago.org)

**JUN  
23**

**CORPUS CHRISTI**  
THE MOST HOLY BODY  
AND BLOOD OF CHRIST

CELEBRATING OUR FAITH MORE JOYFULLY!

**Sunday, June 23rd, 2019**  
After the 11:00am Mass

**SAVE THE DATE.**

**AUG  
4**

**MASS ON THE GRASS**  
TRANSFIGURATION  
—Feast Day—

**SAVE THE DATE.**

CELEBRATING OUR FAITH MORE JOYFULLY!

**Sunday, August 4, 2019**  
11:00am

More information to come...

**AUG  
25**

**OUR LADY OF  
CZESTOCHOWA**

**SAVE THE DATE.**

**Sunday, August 25, 2019**  
12:30pm

**SEP  
15**

**FIESTAS PATRIAS**  
LATINO HEARITAGE DAY

**SAVE THE DATE.**

**Sunday, Sep 15, 2019**

Parish Life Center / 12PM—9PM



## 5 Ways to Worry Less

Whether it's the well-being of our kids, the health of our family members, job security, or various national and international crises, everywhere we look there seems to be something to worry about. But here's the thing: worry is utterly useless. It can't fix a problem; it robs us of peace; and it doesn't help us become better people. Sure, some of us are more prone to anxiety, overthinking, and brooding than others, but all of us can learn how to worry less and live with greater trust and surrender. Here are five ways to do that:

### 1. PRACTICE THE PRESENT MOMENT.

Worry may be part of the human condition, but even Jesus had something to say about it in the Bible: "Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." (Matt 6:34). Note that Jesus doesn't say that life has no troubles; He says that each day has its own troubles and we should focus only on those. Living in the present moment doesn't happen overnight — it takes practice. Which means it takes intentional action. The more you practice living in the moment by focusing on whatever is before you, the easier it becomes. And as you do, your worry will lessen because you're no longer thinking about what may happen tomorrow or next week or next year.

### 2. PLAN FOR TOMORROW.

So, does that mean we shouldn't think about tomorrow at all? That wouldn't make much sense, would it? Instead of worrying about tomorrow, though, we should plan for it. Every busy mom knows the anxiety of realizing it's 6:00 p.m. and she has no clue what's for dinner. But if she's created a meal plan for the week and the ingredients are in the house, she can rest easy. Planning for tomorrow helps ease certain kinds of worry. *We all have fears and sometimes they can hold us hostage to a future that doesn't exist — and may never exist. The best way to combat fear is to focus on its opposite — love.*

### 3. ENTRUST YOURSELF AND YOUR LOVED ONES TO GOD'S PROVIDENCE.

No matter how much we try, we can't control everything in our lives. We must learn to trust God. When you wake up— and whenever you begin to worry during the day — stop for a moment and give your concerns to God.

Consider adopting a short and simple prayer such as, "Lord, I abandon myself to your will." Or, "Jesus, I trust in You." As your trust and surrender grows, your worry will lessen.

### 4. MANAGE YOUR ANXIETY.

Have you ever noticed that worry begets worry? The more of it we entertain, the more it seems to happen. But if we can manage our baseline anxiety and maintain a sense of hope and peace, we will worry less about potential — and even real — challenges that come our way. So make a point to **keep a check on your stress levels** by eating right, exercising, taking at least ten minutes a day for reflection and prayer, getting plenty of sleep, nurturing your relationships, doing less, getting out into nature, and maintaining regular rituals that help dissipate stress.

### 5. FIGHT FEAR WITH LOVE AND GRATITUDE.

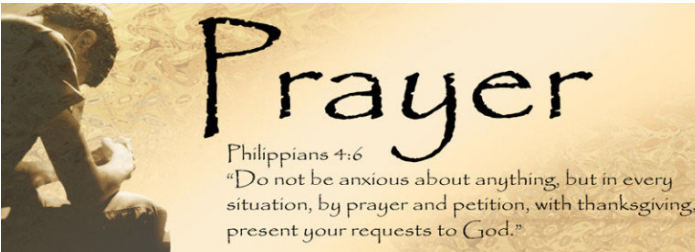
Worry is ultimately about fear — the fear of what might happen. We all have fears and sometimes they can hold us hostage to a future that doesn't exist — and may never exist. The best way to combat fear is to focus on its opposite — love. One way to flood your life with more love is to be **more grateful**. For example, if you can't stop worrying about the medical test results you're waiting for, start listing all the things you're grateful for in the situation — your knowledgeable doctors, a first-rate hospital, loved ones who support you, your faith, etc.

Follow these tips for worrying less and you'll be on your way to greater peace and joy in your daily life.

*"Don't be afraid to be afraid. Because it is an emotion, fear is emotionally neutral. It only becomes a problem when it prevents us from doing what God wants us to do. Whenever you are afraid recognize you are given the chance to trust in Jesus. As you continue to take advantage of these opportunities, you will find your fear decreasing and your faith increasing."* (Excerpt from Stop Worrying Start Living)

AUTHOR  
**Matthew Kelly**

# 10 Ministries and Programs



## TRANSFIGURATION MINISTRY OF PRAYER

We know that life can be challenging and the only thing that may help to get you back to center is Prayer. We believe very strongly in the power of Prayer. This belief and knowing comes from seeing or hearing about the many demonstrations or testimonies in the lives of people around the world.

At the end of weekend Masses the Transfiguration Ministry of Prayer will be in the front of the Church to pray for you or someone you love and care for.

Please know that each Minister of Transfiguration Ministry of Prayer commits to holding your intentions in the light of Christ, standing in Truth, Principle and Love. Prayer is the tool we use to know the truth. It is not about begging or pleading for something to happen to change the conditions in life. It is about aligning ourselves with the all good of God that surrounds us at all times.

Every request we receive is treated with love, compassion, respect and dignity.



Daily Mass Intentions are available for anyone who would like their intentions to be remembered at Mass. Intentions are available for those who have died or for someone who is living.

Stop by the Parish Office or call us to obtain a date and time.

**(847) 526—2400**



Sacristan Committee

## LITURGY

June 3 to June 10

**Josephine Chiovari & Mary Sammons**

June 10 to June 17

**Carolyn Cox & Barb Yank**

## Hospital Schedule

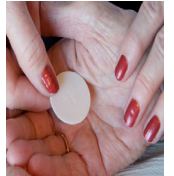
Monday, June 3

**Mary Eltges & Arlene Meyer**

Monday, June 10

**Jim & Mary Ann Fijalkiewicz**

## MINISTERS OF CARE



## Caring for one another...

Our church is a family and we consider our community a part of that family. We strive to care for and encourage those both within and beyond our walls. Our care ministry brings the Holy Eucharist to our people to hospital, nursing homes and family homes. By taking some time to bring the Holy Eucharist we show God's love and we assure our interest in their spiritual life.

## Do you have a desire to bring Holy Communion to your neighbor?

Contact **Jim Fijalkiewicz: (847) 526-7101** or **Ellen Sherwin: (847) 254-4782** to see how you can help out.



Like us on  
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SCHOOL OF RELIGION  
CATECISMO

KATECHEZA

## ROAR!

*Come! Make a lot of noise this summer!*

Catholic Vacation Bible School  
is returning to Transfiguration  
for those entering  
Kindergarten through 5<sup>th</sup> Grade  
June 17 through 21, 2019  
9:00am – 12:00 Noon

Cost \$40.00 one child/\$70.00 two children  
\$80.00 three or more children  
Adults and teens, grades 6-12,  
we need your help as  
Rangers and Safari Guides

Call the School of Religion office at 847-  
526-6400 x 238 or 239 if you can help! This  
is a great, fun service opportunity for  
Confirmation, NJHS or NHS!! Adults  
helping 5 days will enjoy free camp for  
their children!!

## ROAR!

Because life IS wild and God IS good!

**PLAN AHEAD!! LAST YEAR WE HAD  
MORE LATE REGISTRATIONS THAN WE  
COULD HANDLE! REGISTER EARLY AND  
SECURE YOUR SPOT FOR THIS FUN  
WEEK!!**



## CONGRATULATIONS CLASS OF 2019



Micaela A.	Arturas D.	Estafania Q.
Miguel A.	Meagan F.	Phillip S.
Caitie B.	Marco G.	Andy S.
Chloe B.	Jonah L.	Julio S.
Mia B.	Mario M.	Kylie S.
Felix C.	Nicholas N.	Paulina S.
Arianna C.	Jackson O.	Elizabeth S.
Randall D.	Owen P.	James S.
Vicki D.	Diego P.	Abby T.
Logan D.	Josh P.	

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A Big Thank You To All Who Help To Assist People In Need Through The Ministry Of PADS.

**Are you interested in volunteer opportunities?**

Please contact Karen Abernathy  
[kabernat44@gmail.com](mailto:kabernat44@gmail.com)  
 or 847-651-3444 to help or for questions.



## NEW LITURGY MINISTRY OPPORTUNITIES – TRANSFIGURATION PARISH

Are you looking to get more involved in the Liturgy of our Parish Community?

Do you enjoy reading stories, chatting to people, working with children, praying in song or sharing your talents to lift up others spirit?

Are you passionate in building God's kingdom in our Parish Community?

**IF THIS SOUNDS LIKE YOU  
 THE LITURGY COMMISSION  
 OF TRANSFIGURATION NEEDS YOU!**

**—CALL THE OFFICE FOR MORE INFORMATION—**

## Saint Vincent de Paul MINISTRY



**WE NEED YOU!!!**

Are you looking for a way to put your Faith in Action? Do you wonder if you might be cut out for “showing mercy”, but don’t know how? Do you have one to three hours per month? You can put your Faith in Action by becoming involved with St. Vincent de Paul. Please call our number to learn more from one of our associates, attend a meeting as an inquiring guest or go to [www.svdpusa.org](http://www.svdpusa.org). If you hear a tiny voice deep inside urging you to “do something”, consider joining St. Vincent de Paul at Transfiguration parish.

We look forward to welcoming YOU!

Call Parish Office at 847-526-2400 ext. 222.



**New Location!**  
**168 Peterson Road**  
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**847.367.4700**

### Donate:

clothes, furniture, household items. Items must be in good, usable condition, without repairing or cleaning. Free pick up available. IRS qualified 501(c) (3) non-profit.

**Accepting also:** computers, printers, monitors etc. to be refurbished and sent to children in need.



# Sacraments & Devotions 13

## BAPTISMS AND WEDDINGS

For **RESERVATION**, Please call our office

Para Bautismos y Matrimonios llamar a las Oficinas  
Aby zarezerwować Chrzest albo Ślub proszę dzwonić do biura

(847) 526-2400

## SACRAMENT OF RECONCILIATION

*Sacramento de la Reconciliación*

*Sakrament Pokuty i Pojednania*

**TUESDAY, THURSDAY AND FRIDAY**

8:30 to 9:00am

**MIERCOLES—WEDNESDAY—ŚRODA**

\*Polish Confessions offered **LAST** Wednesday of the month  
6:30pm to 8:00pm

By **APPOINTMENT** call Parish Office (847) 526-2400 and ask for one of our **PRIESTS**.

## ANOINTING OF THE SICK

*Unción de los Enfermos —Namaszczenie Chorych*

**Viernes Primero—FIRST FRIDAY—Pierwszy Piątek**

During morning mass

By **APPOINTMENT** call Parish Office (847) 526-2400 and ask for one of our **PRIESTS**.

## Holy Rosary ✦ Divine Mercy Chaplet

Every day after Morning Mass

## Santo Rosario

Lunes a las 7:00pm — En la Iglesia

## Hora Santa **HOLY HOUR** Święta Godzina

Miércoles—**WEDNESDAYS**—Środa

**6:30PM to 8:30PM**

## Devotion to the Sacred Heart of Jesus

**Viernes Primero—FIRST FRIDAY— Pierwszy Piątek**

**ADORATION:** 8:30AM to 1:40PM—3:00PM to 6:55PM

**HOLY ROSARY:** 6:00 PM (TRILINGUAL)

**ADORATION:** 3:00 PM to 6:55 PM

**DIVINE MERCY CHAPLET:** 6:30 PM (TRILINGUAL)

**BENEDICTION:** 6:55 PM

**EVENING MASS:** 7:00 PM (ENGLISH)

## Adoración Nocturna

Sábado 22 de JUNIO

**ADORACION:** (SAT) 8:30PM to (SUN) 5:30AM

**MISA:** 5:45AM

**Nabożeństwo Pierwszosobotnie Wynagradzające  
Niepokalanemu Sercu Najświętszej Maryi Panny**

W każdą Pierwszą Sobotę Miesiąca od godziny 9pm do północy w głównym kościele

## PRAY FOR VOCATIONS

Lord, Jesus we ask you  
to send more servants to your people.

Choose from our parishes,

from our homes,

from our schools and colleges,

an abundant harvest of apostles  
for your Kingdom: priests, sisters,  
brothers, deacons and lay ministers.

We pray that those you call  
may never lose awareness of the  
dignity and need of their vocation.

O Virgin Mary,

Mother of the Church,

teach to all those the Master calls

to say a joyful “yes”

as you did at the Annunciation.

Amen.

[www.chicagopriest.com](http://www.chicagopriest.com)



## Respect Life

“Before I formed you in the womb I knew you...  
before you were born I consecrated you...”  
Jeremiah 1:4-10

## Spiritually Adopted Baby – Week 11

Please pray that our baby, who is not yet born, will receive the gift of Life. As we follow our unborn baby to birth, this is what’s going on in the womb during week 11.

“I am tumbling around inside my mother and have noticed that there are more changes this week. I can now swallow fluid and even urinate. This is all just practice for my birth day. My internal organs are formed and most of them function fully. They just need more time to grow in size and efficiency. I’m starting to think about what my life will be like when I am born. For now, I am busy growing and resting and thanking God for the gift of life. Please keep praying for me.”

**Jesus, Mary and Joseph, I love you very much.**

**I beg you to spare the life of the unborn baby  
whom I have spiritually adopted who is in danger of  
abortion. Amen.**

For more info on Respect Life Ministry, call Mary Ann Fijalkiewicz, 847-526-7101

Kevin J. Quinn, D.D.S.

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please contact J.S. Paluch. Grow your business by advertising in the  
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**GREAT COVERAGE - 97%** of all households attending church take at least one  
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**GREAT VALUE - 70%** of all households are aware of and look at the advertising in  
the church bulletin and 68% of households surveyed when making a choice between  
businesses are inclined to choose the one who advertised in the church bulletin.

**GREAT LOYALTY - 41%** of households do business with a company specifically  
because they are advertising in the church bulletin.

**GREAT PRODUCT - 62%** of households keep the church bulletin the entire  
week as reference.

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## TRANSFIGURATION PARISH

Pastoral Council



Help us all to grow and fulfill God's mission at Transfiguration Parish.

For suggestions, complaints or proposals, please contacts.

[pastoralcouncil@transfigurationwauconda.com](mailto:pastoralcouncil@transfigurationwauconda.com)

## Saint Vincent de Paul MINISTRY

### 24/7—365 HELP



Wauconda or Island Lake residents seeking assistance can call (847) 526—2400 Ext.222, and leave a message in the Parish voicemail box. The ministry member on call will respond when messages are retrieved.

## MINISTERS OF CARE

### Caring for one another...

To request us to bring Holy Communion for homebound family member, please call Jim Fijalkiewicz at (847) 526-7101

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## HOTLINE

24 HOURS/DAY, 7 DAYS/WEEK

847-542-3768 **Crisis Pregnancy?** Aid for Women of Northern Lake County, Carol Ann Walsh  
815-455-3311 **Alcoholics Anonymous**  
815-459-6190 **Al-Anon** or **Al-Ateen**  
847-249-4450 **A Safe Place**, Domestic Violence Crisis Line

## Next week's mass ministers June 8 & 9, 2019

Thank you for ministering at our weekly worship. Your attentive participation enhances the celebration for everyone.

PRESIDER, DEACON, Host Ministers	Cup Ministers	Altar Servers	Greeter, Lector, Commentator & Music Ministry
<b>5:00 pm English Language Mass</b>		<b>SATURDAY</b>	
FR. JUAN PABLO <u>Mike Keane</u> <u>Clare Keane</u> Marilyn Downes	<b>Vicki Peloquin</b> Priscilla Padavic Volunteer Needed Volunteer Needed	Sophie Kloss Amy Keane Volunteer Needed	G: Volunteer Needed Volunteer Needed L: Tim Brunn
6:30 pm Spanish Language Mass			
FR. JUAN PABLO <u>Marina Ortiz</u> <u>Jesus Ortiz</u> Martha Vazquez	DC. JOSE Angel Avelar Esther Reyes Javier Reyes Valentina Sangabriel		L1: Homero Cardoso Ps: Homero Cardoso L2: Genoveva Perez Petitions: Genoveva Perez
<b>7:30 am English Language Mass</b>		<b>SUNDAY</b>	
FR. JUAN PABLO Tina Jakubek Tom Lahrman Sheila Wolverton	<b>Dave Jakubek</b> Judy Greco Yuliana Perez Josephine Chiovari	Volunteer Needed Volunteer Needed	G: Linda Murphy Margie Scholla L: Deb Lezon
9:00 am English Language Mass			
FR. JUAN PABLO <u>Maria Weisbruch</u> <u>Britany Ortiz</u> Jim Fijalkiewicz	<b>Ken Michaels</b> Lenore Speciale Marina Ortiz Jesse Ortiz	Eddy Gonzalez Joan Vazquez Gesselle Vazquez	G: Volunteer Needed Volunteer Needed L: Mary Ann Fijalkiewicz
11:00 am English Language Mass			
FR. JUAN PABLO <u>Anna Janicki</u> <u>Nancy Slupski</u> Leif Ceniza	<b>Jeanne Blair</b> John Wallor Mary Schwartz Kathie Blaszcak	Julianna Janicki Zuzanna Janicki Isabella Sebastian	G: Volunteer Needed Volunteer Needed L: Josette Pezowicz
<b>12:30 pm Polish Language Mass</b>			
FR. ANDREW <b>Maria Czaja</b> Teresa Dolecka	DC. FELIKS Adam Brak Gienia Kalinowski	Karol Nowak Alexander Waz Maximiliam Waz	C: Zofia Decowska L1: Katarzyna Makowski L2: Mieczyslaw Talaga

(NM) Denotes New Minister (may need assistance)

Name **Bold**—Denotes Captain

Name Underlined - Denotes Minister requested to assist in purification of vessels after mass.