

A wooden cross is placed on top of a silver metal padlock. The padlock is resting on a dark, heavily rusted metal surface. The cross is made of light-colored wood and is positioned vertically. The padlock is open, with the shackle visible.

Week Three:

WE BELIEVE IN GOD, but still worry all the time.

Scripture: Exodus 17: 3 – 7

What does God want us to know? Worrying is a form of atheism, denying the power of God to work in our lives.

What does God want us to do? Stop worrying and start praying regularly and trust the Lord more.

In the first reading, **the Israelites grumble and complain about God meeting their needs even though he has brought them out of Egyptian slavery.** They are worried that he will not meet their needs. We'll delve into why **worrying is offensive to our heavenly Father** and steps we can take to stop worrying and trust more in God.